

Mandy walks through the school gates, slowly approaching the building. Now at school, she walks along the corridors to the toilet where she stares at herself in the mirror. Mandy has a flashback about the time her best friend betrayed her and joined the side of the bullies.

Later in the day, she opens the front door of her house and walks inside. She then sits down on the bed in her bedroom and opens her bag to find a crumpled note with the words "IDIOT" written on it, which she then throws to the floor.

She hears the loud voices of her parents arguing downstairs, approaching the door Mandy listens to their argument and gets emotionally affected by this.

She sits back down on her bed, still hearing the voices of her parents and in her mind the voices keep repeating and repeating, driving her off the edge.

In solution Mandy turns to the Youthoria website.