

# Stepping Stone



Do you have a disability, or long term physical, sensory or health need?

Interested in taking up a new sport?

We can help you get started

The **Stepping Stone** service provides **FREE** advice, funding and support to get you involved as a participant, coach, volunteer or official.

For adults and young people aged 14+

**Contact us to find out more**

**Email: [steppingstone@cambridgeshire.gov.uk](mailto:steppingstone@cambridgeshire.gov.uk)**

**Tel: 01223 301756**



Stepping Stone is delivered on behalf of Cambridgeshire County Council by Action For Children  
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